



Leaving a Bequest for Health Research

Why do I need a will?

We all have ideas about how we would like our possessions used when we die, but in the absence of clear instructions it can be a daunting task for grieving family members to deal with.

Wills are mainly used to nominate family members we want to provide for when we die, and how we want to distribute what we own. Wills also let us specify the donation of special gifts and meaningful things to people or organisations we choose. This allows us to continue to provide support beyond our lifetime.

Creating a will is not difficult. Your solicitor or Public Trust Office is a good place to start, or you can download a Gifting Form from our website:

www.emergencycarefoundation.org

What is the Emergency Care Foundation?

The Emergency Care Foundation is a charitable trust dedicated to enhancing emergency health care through research, education and innovation.

Our mission

More than one million people in New Zealand will need emergency care each year and almost all of us will require some sort of emergency care at some point in our lifetimes. Medical emergencies are usually sudden, urgent and unexpected. Medical emergencies can affect anybody at any time. **We must be prepared.**

Being prepared requires knowledge of the nature of these emergencies and their optimal treatments. To date there has been limited research undertaken into the many facets of emergency health care, leaving many important questions unanswered of both a medical and administrative nature.

The Emergency Care Foundation, (established in 2003), provides vital funding for research and equipment into improved accuracy and better decision making in emergency care. The Foundation relies on donations, grants and fund raising.

How would the Emergency Care Foundation use my gift?

Projects supported by ECF running in 2016 and onwards are described in our Prospectus, and include

- Early rule-out of **heart attack** in chest pain patients, allowing large volumes of patients who do not have cardiac chest pain to be safely sent home early.
- Supporting **earthquake** and other **disaster** research including various projects which may inform future disaster planning policy.

- Ongoing research into **Pulmonary Embolism** (a blood clot in the lung).
- Research into around **stress testing low-risk chest pain patients**, with the aim of reducing unnecessary testing to minimize discomfort, stress, time wastage and use of valuable resources.
- Supporting the **New Zealand Emergency Medicine Network** – a growing group of health professionals communicating and collaborating with each other to enhance **equality in access to and**

Can I choose what my gift will be used for?

You may have an area of health research that you feel particularly connected to or interested in supporting. If so, please state this clearly in your will. If you wish to speak to one of the trustees about the right fit for your gift, please contact us either through the website or by emailing directly to: info@emergencycarefoundation.org

Alternatively you can leave the decisions around how best to apply your gift to our Board of Trustees which includes medical doctors and members with legal and financial expertise.

A Gift Beyond Your Lifetime

Your will can gift the Emergency Care Foundation in several ways:

A chosen sum

You can choose to leave a set sum of money to the charity's work, or to a specific item (such as equipment, or particular research).

Residual Estate

When all your loved ones have been provided for, you may leave the remainder (residual estate) to the Emergency Care Foundation.

Non-Cash Assets

You may consider leaving something other than cash, such as property, shares, art work, or vehicles.

Contact us for assistance with how to leave instructions in your will.

Emergency Care Foundation

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*Measure each day not by
the harvest you reap,
but by the seeds that you plant.*

